





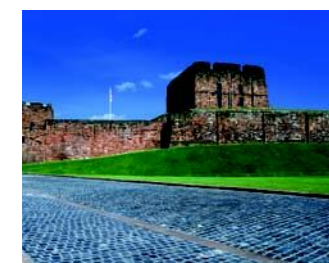


DalesRail

a scenic journey

-  DalesRail
-  Connecting Rail Service
-  Connecting Coach Service
-  Tunnel
-  Viaducts
-  Mountains, Fells etc.



Guided walks programme 2012

An extensive programme of over 160 guided walks has been arranged for the 2012 DalesRail season. The walks are led by experienced walk leaders from the Lancashire Rail Ramblers and are absolutely **free**. You can join any of the guided walks and the walk leader will explain the route and features of special interest. At all times safety is your responsibility. For all walks you should have strong footwear, warm outdoor clothing and rainwear.

On most walks stops are made for lunch or tea, so remember to bring your own food and snacks.

All the walks are graded and the programme provides walks to suit everyone - from the experienced walker who wants a challenge, to those who want a more leisurely day out without needing to beat the clock back to the station!



The grades used are:

- Easy Stroll** – suitable for those not accustomed to walking in the countryside (F, G and H walks)
- Easy** – a slower pace than for moderately easy walks and with short rest periods (E walks)
- Moderately easy** – a generally easy walk that may include steep climbs (D walks)
- Moderate** – no scrambling involved. These walks are suitable for experienced energetic walkers (C walks)
- Strenuous** – these walks may be rough, steep, and lengthy or against the clock (A & B walks)

Walks off the 08.36 Blackpool North to Carlisle train.

This is the main train for all the walks.

Coach service links.

In some cases the walk may require the use of a connecting coach service. These links are provided by the Rail Ramblers and there is an additional charge if you want to use them. Unfortunately the coach links are not covered by the National concessionary fare scheme and everyone will need to pay.

'Stepping Out' walks from the 10.00 Preston to Carlisle train.

This is a new programme of monthly walks linked to the 'stepping out' programme recommended by many health authorities and doctors. These walks are aimed at introducing 'new' walkers to the delights of the Dales and Eden Valley.

These are all easy walks – why not try one?



Want more details?

Due to space constraints it isn't possible to publish the full walk programme in this brochure. However, the full programme is available

- online at www.dalesrail.com/downloads in an easy to print format
- by post by writing to
Community Rail Lancashire, Room D1, PO Box 78, County Hall, Fishergate Hill, Preston, PR1 8XJ.
- from the on-train stewards who will have copies of the walk programme available.



To find out more about DalesRail

Visit www.dalesrail.com for full details of this year's programme, downloads and regular updates.

National Rail Information

For all timetable and fare information telephone: **08457 48 49 50**
(24 hours a day, 7 days a week – calls may be recorded)

Greater Manchester

Telephone: **0871 200 2233**
Mondays to Fridays 0700 – 2000
Saturdays and Sundays 0800 – 2200
Calls cost 10p per minute from a BT landline, but charges from other providers may vary and calls from mobiles may be more.

Tourist information

Appleby	01768 351177
Carlisle	01228 625600
Hawes	01969 666210
Kirkby Stephen	01768 371199
Settle	01729 825192



DalesRail

2012

Sundays 1 April until 7 October and 21 October



Great value
DalesRail Duo tickets from **£19.50**

www.dalesrail.com

What is DalesRail?

Lancashire DalesRail is simply the best way to spend a Sunday! It's a train service linking Lancashire with the scenic Ribble Valley, Yorkshire Dales and Eden Valley, aimed at walkers and those wanting a special day out.

There is an extensive guided walk programme and a comprehensive series of coach links that extend the number of places you can visit with DalesRail. We also produce a leaflet, the DalesRail country series, which cover places such as Appleby and Carlisle – they're available from our on-train stewards or from our website www.dalesrail.com/downloads.

So sit back and enjoy the best of English countryside from the comfort of the train, travelling along one of the world's most scenic lines.

When does it run?

This year DalesRail will operate every Sunday from 1 April until Sunday 21 October. On Sunday 14 October DalesRail will not be able to run due to engineering work in the Hellifield area.

What's new for 2012?

As ever DalesRail continues to evolve and no year is complete without some changes taking place! So for 2012 we have:

- Simplified the fare structure and reduced many of the longer distance fares. Take a look at DalesRail offers for even better value for money.
- Introduced shorter 'stepping out walks' using the 10.00 train from Preston to Carlisle. These are aimed at walkers wanting to build up their stamina or who simply want a relaxing stroll with their family.
- A bus now arrives at Clitheroe Interchange from Burnley at 09.41 to connect with DalesRail – please contact Transdev on 0845 60 40 110 or visit www.lancashirebus.co.uk for further details.

No DalesRail season is complete without the at-seat refreshment service provided by Rolling Riot.

Want to know more? Why not visit www.dalesrail.com for regular updates on what is happening on DalesRail, and ideas for what to do and where to go.

DalesRail Timetable *OUTWARD*

Blackpool North to Carlisle
Sundays 1 April until 7 October
and 21 October 2012

Days of operation	A	B
Blackpool North	0836	
Poulton-le-Fylde	0842	
Kirkham & Wesham	0851	
Preston	0905	1000
Lostock Hall	0911	1005
Bamber Bridge	0914	1008
Blackburn	0927	1021
Ramsgreave & Wilpshire	0934	1027
Langho	0939	1032
Whalley	0943	1037
Clitheroe	0951	1045
Hellifield	1015	1108
Settle	1035	1117
Horton-in-Ribblesdale	1044	1126
Ribblehead	1052	1133
Dent	1102	1143
Garsdale	1107	1149
Kirkby Stephen	1120	1201
Appleby	1134	1214
Langwathby	1148	1228
Lazonby & Kirkoswald	1154	1234
Armathwaite	1202	1242
Carlisle	1217	1257

Notes

A – Sundays 1 April until 7 October and 21 October

B – Sundays 20 May until 9 September

Trolley service of drinks and light refreshments is provided between Blackburn and Carlisle

Important note

Due to engineering work, no DalesRail service will operate on Sunday 14 October.

DalesRail Timetable *RETURN*

Carlisle to Blackpool North
Sundays 1 April until 7 October
and 21 October 2012

Days of operation	B	A
Carlisle	1535	1741
Armathwaite	1549	1755
Lazonby & Kirkoswald	1556	1803
Langwathby	1603	1809
Appleby	1618	1825
Kirkby Stephen	1632	1838
Garsdale	1645	1852
Dent	1651	1857
Ribblehead	1700	1907
Horton-in-Ribblesdale	1707	1914
Settle	1715	1922
Hellifield	1726	1932
Clitheroe	1751	1957
Whalley	1757	2004
Langho	1802	2009
Ramsgreave & Wilpshire	1807	2014
Blackburn	1827	2025
Bamber Bridge	1836	2034
Lostock Hall	1839	2038
Preston	1848	2049
Kirkham & Wesham		2059
Poulton-le-Fylde		2107
Blackpool North		2116

DALESRAIL FARES 2012

TO	Dent	Appleby
	Garsdale	Armathwaite
	Hellifield	Carlisle
	Horton-in-Ribblesdale	Kirkby Stephen
	Ribblehead	Langwathby
	Settle	Lazonby & Kirkoswald
FROM		
Bamber Bridge	Adult £16.00	Adult £19.00
Blackpool North	Child £8.00	Child £9.50
Bolton		
Chorley	Railcard £10.55	Railcard £12.55
Kirkham & Wesham		
Lostock Hall	DalesRail Duo £24.00	DalesRail Duo £28.50
Manchester		
Poulton-le-Fylde		
Preston		
Salford Crescent		
Blackburn	Adult £13.00	Adult £16.00
Clitheroe	Child £6.50	Child £8.00
Langho	Railcard £8.60	Railcard £10.55
Ramsgreave & Wilpshire	DalesRail Duo £19.50	DalesRail Duo £24.00
Whalley		

Notes:

Tickets are valid on Northern services only. Fares correct at January 2012.

Fares: Adult fare quoted is DalesRail Off Peak Return. Child fare quoted is for children aged 5 - 15 inclusive. Children under 5 travel free. Holders of Disabled, Family & Friends, Senior and 16 – 25 Railcards also get the standard discount for that railcard.

DalesRail Duo: This ticket is valid for two adults travelling together and allows the second person to travel at half price. There are no further discounts available.

Take a Day Out

Take a day out in the country exploring picturesque villages with DalesRail. Explore some of the breathtaking scenery of Lancashire, North Yorkshire and Cumbria. The following will give you an idea of the places you can visit and what there is to do when you get there. In some cases you will need to use a coach link to get to the towns and villages. Always check with the on-train stewards that there is space on the coach service you wish to use.

A lot more information can be found at www.dalesrail.com/places-to-visit. There are DalesRail Country leaflets for Appleby-in-Westmorland and Carlisle which you can download from the website or request copies by post using the contact details at the end of this brochure.

A selection of places to visit (as seen from the train travelling towards Carlisle):

Clitheroe

As the train approaches Clitheroe, on your right you will see the remains of the Norman Castle, the home of an excellent museum. The stone keep was built in 1186 by Robert de Lacy, when the Normans settled in the Ribble Valley, and is reputed to be the second smallest in England. Today Clitheroe is an attractive Lancashire market town, located in the heart of the Ribble Valley.

Settle

A traditional market town and the official starting point for the famous 72-mile Settle to Carlisle line. A town trail is available from the Tourist Information Centre and this describes many of the interesting features of this town. Not far away is the Watershed Mill Visitor Centre which houses local Dalesmade crafts.

Ribblehead

Alight here for the coach link to Wensleydale. The station building has recently been refurbished by the Settle and Carlisle Railway Trust and contains a Visitor Centre with exhibits detailing the history of the line. There are excellent views of the 'three peaks' and Ribblesdale Viaduct from the station. Ribblesdale Viaduct was at the heart of the campaign to save the line in the 1980s and consists of 24 arches, is 440 yards long and is 100 feet above the delightfully named Batty Moss.

Hawes and Wensleydale

From Ribblesdale station, a coach link will take you across some very remote and windswept countryside on the journey to the market town of Hawes. The name Hawes means the 'pass between mountains' and it is situated between Buttertubs (a mountain with limestone potholes), and Fleet Moss. The town is home to a variety of attractions such as the Dales Countryside Museum where you can find out more about life in the Dales. Or continue to Leyburn and travel on the Wensleydale Railway. Trains run every Sunday and link Leyburn with Redmire and Leeming Bar.

Dent

After coming out of Blea Moor tunnel and crossing Dent Head and Arten Gill viaducts, the train enters Dent station. There are magnificent views of Dent Dale from the train along this section of the journey. Make sure you are seated on the left hand side of the train and you will not be

disappointed! The station lays claim to being the highest main line station in England and is the starting point for the coach link along Dent Dale to Dent and Sedbergh. Dent village retains much of its traditional feel with cobbled streets and colour-washed stone cottages.

Kirkby Stephen

The train is now entering the Eden Valley. Kirkby Stephen is a market town built with narrow streets leading to squares which were originally for the safe penning of livestock during the 'Border raids'. In the centre of the town are the cloisters that lead to the church of St Stephen. This was built on the site of an old Saxon church and is often called the 'Cathedral of the Dales'. On the western edge of the town is Croglin Castle, an example of a prehistoric earthwork. The Devils Mustard Mill and Stenkrith Park are a short walk from the town and there are many hungry ducks down by Franks Bridge as you cross over the River Eden! On some Sundays there are special coach links from the station to the Upper Teesdale region, Middleton-in-Teesdale and the Howgills.

Appleby-in-Westmorland

The station is situated above the town and from the overbridge there are excellent views towards the Lakes. Appleby is a picturesque market town set in a loop of the River Eden. A DalesRail Country leaflet describes a short walk around the town and detailing places of interest. Appleby is famous for its annual Horse Fair held during the second week in June when the population is swelled by large numbers of gypsies, horse traders and visitors. The town is the starting point for a large number of not too strenuous walks taking in places such as Flakebridge Woods, Dufton, High Cup Nick, Ormside, Rutter Falls, Drybeck and Acorn Bank.

Langwathby

Langwathby is a delightful Eden Valley village. There are many walks from the station and you can take in the magical stone circle - Long Meg and her Daughters. On Sundays there are some coach links from Langwathby to Alston, Hadrian's Wall and Nentdale/Killhope.

Carlisle

This is the end of the journey and there is much to see and do in the city. A DalesRail Country leaflet has been produced to help you get the most out of your time there. There are many places to visit including the Cathedral, the Castle and Tullie House Museum.

