

Sleeper Services

Sleepers enable you to make long distance journeys while having a relaxing night's sleep. You arrive early at your destination, saving a day's travel — or the early morning dash to the airport. Five Sleeper routes link London Euston direct with over 40 stations in Scotland including most principal business and holiday locations. Direct Sleeper services also link Southwest England with London. Customers joining at the starting point of the train may occupy cabins well before departure. At terminating stations customers may vacate cabins up to approximately 0800 on trains which arrive at an earlier time.

Full details of all Sleeper services are given in Tables 400–406.

First Great Western ("Night Riviera Sleeper")

Both single and twin berth cabins are available and feature locking doors, comfortable beds with sheets and blankets, air conditioning, bedside lighting, complimentary toiletries, wash basin with a shaver point and a soft hand towel. Room service facilities, a wake up call, a light breakfast and newspaper are all complimentary.

The trains recently underwent a complete refurbishment to maximise customer comfort. Improvements include a refurbishment of seating areas and berths and the introduction of a hot breakfast offer to set our customers up for the day. All single and twin cabins are available to holders of standard class tickets and large reclining seats are provided throughout seated accommodation, again available to holders of standard class tickets. Customers in most single berths benefit from Volo TV, a new and innovative on-train entertainment service. Customers can choose from 40 different programmes including comedy, drama, documentaries, children's programmes and sport.

There are a number of inclusive Advance fares available that combine travel and accommodation on one ticket. These can be purchased until 1800 hours the day before departure. Holders of Anytime, Off-Peak and Super Off-Peak tickets may upgrade to sleeping accommodation on payment of the applicable single or twin berth supplement. The Lounge Car is provided for the use of customers with a berth. Here you can sit back and relax with a complimentary hot drink, tempt yourself with one of our delicious hot snacks or unwind with something stronger from our well stocked bar - all served at seat by our on-board team. Customers in seated accommodation can purchase refreshments and snacks from the Express Cafe, which is situated in the Lounge Car.

Dogs and pets are not normally allowed in Sleeper cabins. There are special arrangements for guide dogs. Animals may be conveyed if properly labelled and muzzled, and in suitable containers, in the guards van.

ScotRail Caledonian Sleepers

First Class customers receive a toiletry pack and will be woken with a light breakfast accompanied by tea or coffee and a complimentary newspaper. Standard Class customers are served a light morning snack with tea or coffee. Breakfast is available for an additional small supplement and can be ordered after boarding. Customer lounges are available at the following locations - London Euston, Inverness, Carlisle (Lakes Court Hotel) and Edinburgh Waverley. At Glasgow Central customers may use the on-train Lounge Car which is available prior to departure. Full details of the Caledonian Sleeper on-train and station facilities can be found inside the Caledonian Sleeper Guide which is available from principal sleeper departure points.

There are a number of berth inclusive fares available that include travel and accommodation at one all inclusive price. First class travel is in single berth cabins while Standard Class is in twin berth cabins.

The Lounge Car offers a pleasant relaxing atmosphere in which to unwind before a night's rest. Customers can choose from a wide selection of food and drinks including sandwiches, baguettes, snacks and a well stocked bar. At busy times, use of the Lounge Car may be restricted to First Class ticket holders.

Accompanying dogs are only permitted in Sleeper Cabins providing the owner(s) has exclusive use of the cabin and pays the appropriate charge. There are special arrangements for guide dogs. Dogs and pets cannot be conveyed in the guards van. A virtual tour is available via the ScotRail website. Visit www.scotrail.co.uk for details.

Please note that as a result of on-going engineering work some sleeper services may be subject to diversion causing an extension in journey times between Scotland and London. For full details telephone National Rail Enquiries on 08457 48 49 50 (calls may be recorded).

Sleeper Reservations

To book rail tickets and reserve Sleepers, simply visit any main rail station or rail appointed travel agent. Alternatively you can book by phone using most credit/debit cards.

First Great Western Telesales 08457 00 01 25
(www.firstgreatwestern.co.uk)

ScotRail Telesales 08457 55 00 33
(www.scotrail.co.uk)

For further information about rail tickets or services, call National Rail Enquiries on 08457 48 49 50 (calls may be recorded for training purposes).

Sleeper Services (continued)

ScotRail Sleeper Services – The Caledonian Sleepers

Operated by ScotRail

Table 400 London and Edinburgh

	Mon–Thu	Fri	Sun
Cabins available from	2300	2300	2230
Edinburgh d	2340	2340	2315
Carstairs d	0016*	0016*	2347
Carlisle d	0141	0141	0112*
Watford Junction ... a	0619	0627	0623
London Euston ... a	0643	0650	0646
Vacate cabins by	0800	0800	0800

	Mon–Thu	Fri	Sun
Cabins available from	2300	2300	2245
London Euston ... d	2350	2350	2327
Watford Junction ... d	0010*	0010*	2347
Carlisle a	0516	0516	0504*
Carstairs a	0620	0621	0620
Edinburgh a	0716	0715	0716
Vacate cabins by	0800	0800	0800

a Arrival time

d Departure time

Reservations Compulsory

* Following morning

Services in this table do not run on Saturday nights.

For details of overnight seated services, please refer to Table 65

Table 401 London and Glasgow

	Mon–Thu	Fri	Sun
Cabins available from	2200	2200	2200
Glasgow Central ... d	2340	2340	2315
Motherwell d	2356	2356	2331
Carstairs d	0016*	0016*	2347
Carlisle d	0141	0141	0112*
Watford Junction ... a	0619	0627	0623
London Euston ... a	0643	0650	0646
Vacate cabins by	0800	0800	0800

	Mon–Thu	Fri	Sun
Cabins available from	2300	2300	2245
London Euston ... d	2350	2350	2327
Watford Junction ... d	0010*	0010*	2347
Carlisle a	0516	0516	0504*
Carstairs a	0620	0621	0620
Motherwell a	0656	0656	0656
Glasgow Central ... a	0720	0720	0720
Vacate cabins by	0800	0800	0800

a Arrival time

d Departure time

Reservations Compulsory

* Following morning

Services in this table do not run on Saturday nights.

For details of overnight seated services, please refer to Table 65

Table 402 London and Aberdeen

	Mon–Thu	Fri	Sun
Cabins available from	2110	2110	2050
Aberdeen dep	2140	2140	2140
Stonehaven dep	2200	2200	2200
Montrose dep	2225	2225	2225
Arbroath dep	2243	2243	2243
Carnoustie dep	2252	2252	2252
Dundee dep	2306	2306	2306
Leuchars for St Andrews* dep	2325	2325	2325
Kirkcaldy* dep	2353	2353	2353
Inverkeithing* dep	0012*	0012*	0012*
Preston arr	0432	0432	0441
Crewe arr	0534	0534	0537
London Euston arr	0747	0747	0747
Vacate cabins by	0800	0800	0800

	Mon–Thu	Fri	Sun
Cabins available from	2030	2030	2000
London Euston dep	2115	2115	2055
Watford Junction dep	2133	2133	2117
Crewe dep	2354	2354	2339
Preston dep	0052*	0052*	0030*
Inverkeithing* arr	0458	0458	0458
Kirkcaldy* arr	0517	0517	0517
Leuchars for St Andrews* arr	0546	0546	0546
Dundee arr	0608	0608	0608
Carnoustie arr	0622	0622	0622
Arbroath arr	0631	0631	0631
Montrose arr	0647	0647	0647
Stonehaven arr	0713	0713	0713
Aberdeen arr	0735	0735	0735
Vacate cabins by	0800	0800	0800

a Arrival time

d Departure time

Reservations Compulsory

* Following morning

- Customers may depart from London or Watford later, and vacate cabins later, by travelling on the London Euston to Edinburgh Sleeper; then by local connecting service from Edinburgh

Services in this table do not run on Saturday nights

For details of overnight seated services, please refer to Table 65

Sleeper Services (continued)

ScotRail Sleeper Services – The Caledonian Sleepers

Operated by ScotRail

Table 403 London and Inverness

	Mon–Thu	Fri	Sun
Cabins available from	2000	2000	1945
Inverness dep	2046	2046	2025
Aviemore dep	2128	2128	2108
Kingussie dep	2142	2142	2122
Newtonmore dep	2150	2150	2129
Dalwhinnie dep	2204	2204	2143
Blair Atholl dep	2230	2230	2209
Pitlochry dep	2243	2243	2222
Dunkeld & Birnam dep	2258	2258	2237
Perth dep	2321	2321	2300
Gleneagles dep	2339	2339	2318
Dunblane dep	2355	2355	2334
Stirling* dep	0006*	0006*	2345
Falkirk Grahamston dep	0023	0023	0002*
Preston arr	0432	0432	0441
Crewe arr	0534	0534	0537
London Euston arr	0747	0747	0747
Vacate cabins by	0800	0800	0800

	Mon–Thu	Fri	Sun
Cabins available from	2030	2030	2000
London Euston dep	2115	2115	2055
Watford Junction dep	2133	2133	2117
Crewe dep	2354	2354	2339
Preston dep	0052*	0052*	0030*
Stirling* arr	0456	0456	0456
Dunblane arr	0505	0505	0505
Gleneagles arr	0520	0520	0520
Perth* arr	0540	0540	0540
Dunkeld & Birnam arr	0601	0601	0601
Pitlochry arr	0617	0617	0617
Blair Atholl arr	0629	0629	0629
Dalwhinnie arr	0700	0700	0700
Newtonmore arr	0712	0712	0712
Kingussie arr	0718	0718	0718
Aviemore arr	0742	0742	0742
Inverness arr	0831	0831	0831
Vacate cabins by	0835	0835	0835

- a Arrival time
- d Departure time
- ☑ Reservations Compulsory
- * Following morning
- Customers may depart from London or Watford later, and vacate cabins later, by travelling on the London Euston to Edinburgh Sleeper; then by local connecting service from Edinburgh.

Services in this table do not run on Saturday nights.

For details of overnight seated services, please refer to Table 65

Table 404 London and Fort William

	Mon–Thu	Fri	Sun
Cabins available from	1920	1920	1830
Fort William dep	1950	1950	1900
Spean Bridge dep	2010	2010	1920
Roy Bridge dep	2017x	2017x	1927x
Tulloch dep	2030	2030	1940
Corrour dep	2051x	2051x	2001x
Rannoch dep	2106	2106	2015
Bridge of Orchy dep	2134	2134	2047
Upper Tyndrum dep	2152	2152	2105
Crianlarich dep	2205	2205	2118
Ardlui dep	2226x	2226x	2139x
Arrochar & Tarbet dep	2244	2244	2157
Garelochhead dep	2310	2310	2223
Helensburgh Upper dep	2324	2324	2237
Dalmuir dep	2351	2351	2304
Westerton dep	2356	2356	2313
Preston arr	0432	0432	0441
Crewe arr	0534	0534	0537
London Euston arr	0747	0747	0747
Vacate cabins by	0800	0800	0800

	Mon–Thu	Fri	Sun
Cabins available from	2030	2030	2000
London Euston dep	2115	2115	2055
Watford Junction dep	2133	2133	2117
Crewe dep	2354	2354	2339
Preston dep	0052*	0052*	0030*
Westerton arr	0555	0555	0555
Dalmuir arr	0603	0603	0603
Helensburgh Upper arr	0626	0626	0626
Garelochhead arr	0641	0641	0641
Arrochar & Tarbet arr	0707	0707	0707
Ardlui arr	0722x	0722x	0722x
Crianlarich arr	0743	0743	0743
Upper Tyndrum arr	0755	0755	0755
Bridge of Orchy arr	0813	0813	0813
Rannoch arr	0841	0841	0841
Corrour arr	0858x	0858x	0858x
Tulloch arr	0917	0917	0917
Roy Bridge arr	0929x	0929x	0929x
Spean Bridge arr	0936	0936	0936
Fort William arr	0954	0954	0954
Vacate cabins by	0956	0956	0956

- a Arrival time
- d Departure time
- x Stops on request
- ☑ Reservations Compulsory
- * Following morning

Services in this table do not run on Saturday nights.

For details of overnight seated services, please refer to Tables 65 and 227.

Sleeper Services (continued)

"Night Riviera" Sleeper

Operated by First Great Western

Table 406 London and Penzance

	Mon-Thu Ⓛ	Fri Ⓛ	Sun Ⓛ		Mon-Fri Ⓛ	Sun Ⓛ
Occupy cabins at Paddington:	2230	2230	2230	Occupy cabins at Penzance:	2105	2045
London Paddington ... dep	2345	2345	2350	Penzance dep	2145	2115
Reading dep	0037*	0037*	0037*	St Erth dep	2155	2125
Exeter St Davids arr	0305	0257	0405	Camborne dep	2207	2138
Newton Abbot arr	0432	0320	0455	Redruth dep	2214	2145
Plymouth arr	0513	0401	0535	Truro dep	2227	2200
Liskeard arr	0614	0614	0654	St Austell dep	2245	2218
Bodmin Parkway arr	0628	0628	0721	Par dep	2253	-
Lostwithiel arr	0635	0635	0728	Bodmin Parkway dep	2305	2235
Par arr	0642	0642	0736	Liskeard dep	2320	2250
St Austell arr	0650	0650	0744	Plymouth dep	2351	2320
Truro arr	0709	0709	0803	Totnes dep	0019*	2348
Redruth arr	0722	0722	0817	Newton Abbot dep	0032	0001*
Camborne arr	0730	0730	0825	Exeter St Davids dep	0100	0127
Hayle arr	0739	0739	0834	Reading arr	0400	0417
St Erth arr	0743	0743	0840	London Paddington arr	0543	0506
Penzance arr	0800	0800	0859			
Vacate cabins at Penzance by	0800	0800	0900	Vacate cabins at Paddington by	0700	0700

Ⓛ Sleeper Lounge Car

* Following morning

Services in this table do not run on Saturday nights.

For details of seated services on this route, please refer to Table 135.